



## MEET DR MAI

Dr. Mai graduated from Trinity College Dublin in 2012, earning accolades as a Scholar in Medicine. She went on to complete her Advanced Specialist Training in Emergency Medicine with a Fellowship in Intensive Care Medicine. As an Experienced Procedurist, her transition to Aesthetic Medicine was a very natural one.

Her eye for detail and flair for artistry, combined with over 13 years of Clinical Practice, make her a trusted, personable, professional, and holistic Practitioner in the world of Medical Aesthetics.

### Specializing In:

- Advanced Anti-wrinkle and Dermal Fillers
- Regenerative and Corrective Aesthetics
- Medical Grade and Prescription Skincare, Peels and Micro-needling

**Fully-Insured**  
**Personable & Professional**  
**Discreet and Private Clinic Setting**  
**Up-to-date Techniques**  
**Versed in Complication Management**

## REGENERATIVE AESTHETICS

Dr. Mai has curated the most effective bio-remodeling treatments that focus on improving overall skin integrity. They address prevention and correction all in one. A course of 2-4 treatments is recommended.

### PRP

PLATELET RICH PLASMA

€350 per treatment

PRP harnesses the benefits of your own plasma, by utilising the growth factors that are responsible for cellular support, growth, repair and regeneration. Application complimented with micro-needling.

- Skin rejuvenation / acne and surgical scars
- Hair Loss and Thinning

### SCULPTRA

€450 per treatment

Made of poly-L-lactic acid (PLLA), Sculptra is a biostimulator that gradually stimulates collagen production for natural volume and fullness. Results typically lasting up to two years.

### CELLULAR<sup>®</sup> MATRIX

€450 per treatment

CM is a synergy of Platelet-rich Plasma (PRP) and high concentration Hyaluronic Acid to provide the Ultimate Skin Booster. Its' improvement to skin elasticity, tone, radiance, pigmentation, and the appearance of fine lines is unparalleled.

### POLYNUCLEOTIDES

€300 per treatment

Made up of polynucleotides, which are components of DNA - Nucleofill is a bio-revitalizing and bio-restructuring injectable. These treatments improve micro-circulation, lift, stimulate collagen, improve hydration, and are powerful anti-oxidants.

# Mai Skin

MEDICAL AESTHETICS  
SKIN CLINIC

## Dr Mai Nguyen

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## ANTI-WRINKLE

Anti-wrinkle treatment works by blocking the signal between nerves and muscles, temporarily relaxing facial muscles that cause wrinkles and fine lines. This helps to smooth out lines and tighten your skin for an overall rejuvenated appearance.

**FROWN LINES - CROW'S FEET**

**FOREHEAD LINES - DIMPLED CHIN**

**BUNNY LINES - GUMMY SMILE - PIXIE TIP LIFT**

**NASAL FLARE/NARROWING - LIP FLIP**

**BROW LIFT - DOWNTURNED SMILE/JOWL**

### BEYOND BASIC BOTOX

€375 (5 areas) / €400 (6 areas)

Let Dr Mai provide a bespoke treatment that treats the upper, mid, and lower face.

ONE AREA €175

TWO AREAS €250

THREE AREAS €300

\*ADD €50 FOR EACH ADDITIONAL AREA\*

### HAY TOX €250

Alleviate symptoms of Hay Fever including sneezing, itchy eyes and nose, runny nose. Lasts 3-6 months.

### JAW LINE SLIMMING/BRUXISM €400

By weakening an overactive chewing muscle, this treatment can round out a square jawline. This is also a great solution for teeth grinding.

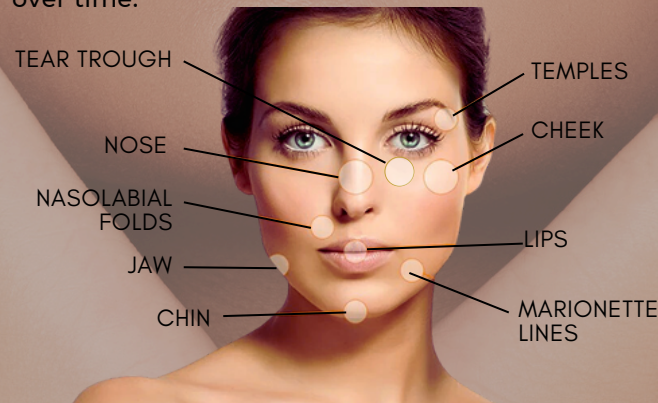
### HYPERHIDROSIS €400

Alleviate the stress and anxiety caused by excessive sweating by targeting the sweat glands in the armpit area. Lasts 6-12 months.

\*Prices subject to change\*

## DERMAL FILLERS

Dermal fillers are made up of cross-linked hyaluronic acid which can be injected into the skin to help restore shape and volume. They come in different densities which can be used in different areas of the face. Our bodies make a natural enzyme, hyaluronidase, that break down the filler over time.



<0.7 ML

€300

The most suitable volume for subtly building up lip volume. Dr Mai uses an advanced technique that reduces pain, bruising, and swelling.

1.0 ml \*

€325

Suitable for filling and building up lip volume; lifting nasolabial folds and marionette lines; replacing mid cheek volume; minor cheek, chin and temple augmentation.

2.0 ml +\*

€575 +

Larger volumes may be required for more significant chin, jaw, temple, and cheek sculpting and enhancement. Consider this treatment for the of the appearance of jowls.

\*Add €250 for each additional area/ml\*

## ADVANCED EXTRAS

### UNDER-EYE REJUVENTATION From €250

Targeting the delicate tear-troughs, Dr. Mai has found several solutions that can address dark circles and hollowness; rejuvenate the crepey under eye skin; smooth and drain eye bags.

\*Add under eye Botox +50.

### NON-SURGICAL RHINOPLASTY €350

'Liquid rhinoplasty' can enhance the appearance of the nose by smoothing contours and bumps, and correcting asymmetry, to enhance your profile and achieve facial balance.

### NON-SURGICAL NECK LIFT €400

Smooth out & tighten the skin on your neck and jawline to achieve an overall tauter neckline. To improve overall skin quality, add a skin booster like Prophilos or Cellular Matrix.

### DISSOLVING OF DERMAL FILLER €250

Rebuild from scratch by dissolving unwanted, lumpy, and migrated dermal filler with hyaluronidase.

### FAT DISSOLVING From €200

Help dissolve unwanted and stubborn fat with this non-surgical procedure. Common areas treated are neck, abdomen, thighs, and hips.

### FACIAL REJUVENTATION PACKAGE

From €800

Allow Dr. Mai some artistic freedom. Utilizing her eye for detail, she will use a combination of Anti-Wrinkle and Dermal Filler treatment to subtly enhance and elevate your existing features.